NEWSLETTER ALBERTUS MAGNUS CENTER
FOR DOCTORAL CANDIDATES AND POSTDOCS
of the University of Cologne
Edition 2/2020

1. Current Information on the Coronavirus for Doctoral Candidates and Postdocs

• Digital offerings by AMC
Due to the current situation, we would like to draw your attention to the information website of the University of Cologne about current measures and information in connection with the coronavirus (COVID-19). The website is permanently updated. On the pages of the HR Development for Researchers and the Occupational Health Management you can find further information and tips for working in your home office.

Until September 30th, the events of the AMC will continue to take place online. In addition, online formats will remain an integral part of the continuing education program and thus complement the program. Even after Corona, the advantages of digital formats, such as the possibility of participation independent from any location, the focused approach to the specific topics and the resulting time savings, should be continued.

• Female Career Program - Places left in the following workshops:
12.10.2020: Impulse zur Laufbahnplanung | Potentialanalyse (in German)
04.11.2020: Souverän und selbstsicher auftreten (in German)
06.11. + 07.11.2020: Die eigene Stimme kraftvoll einsetzen | Stimmtaining (in German)
(For more information and registration please click here)
Contact: Anne Schiffmann, fcp@verw.uni-koeln.de

For more information please visit:
• Career Events for Doctoral Candidates
• Career Events for Advanced Researchers
• Collaboration Tools for Working from Home
• Checklist for online presentation (only in German)

• Information for university members and students with family responsibilities
In a video speech, Prof. Dr. Ansgar Büschges presents the new measures of the University of Cologne, which include relief options for university employees and students with family or care responsibilities. The university is striving to find medium-term solutions, for example by offering options for home office or extending contracts for expiring research projects. Suggestions and improvements regarding the measures are gladly accepted. For more detailed information please watch the video of the vice rector on the website.

For more information: please click here

• Intermediate Leadership - Online Workshop for Postdocs
The positions of junior research group leaders and experienced postdocs are often described as a challenging “sandwich position”. On the one hand, in these positions, you lead single researchers or an entire scientific team, on the other hand you are dependent on the heads of departments etc. Learn how to address difficult topics with team members and colleagues and how to lead discussions in a solution-oriented manner.

For more information and registration: please click here
Contact: Siegrun Ertinger, s.ertinger@verw.uni-koeln.de
2. Mentoring program

GOOD TO KNOW
meet@mentoring:
online-talk

The mentoring section is providing a new online service. In a 45-minutes event, we talk to two experts about topics related to research, career and the challenges of the current situation.
For more information please click: here
Contact: Ann-Kristin Kolwes, a.kolwes@verw.uni-koeln.de

• Application phase of the Cornelia Harte Mentoring Programme in autumn 2020
In September, a new application phase for the Cornelia Harte Mentoring Program starts. With selected mentors from academia and non-academic fields of work, networking, workshops and individual coaching, female doctoral candidates and postdocs will spend a year developing their profile for their professional careers. The Cornelia Harte Mentoring is a german-speaking program.

For more information and registration: please click here
Contact: Marlene Thomas, chm@verw.uni-koeln.de

• First Generation Doctorate Mentoring+: Apply until 2 July!
Doctoral candidates and those with a non-academic family background who are interested in a doctorate can apply for the mentoring programme until the beginning of July. The mentees are accompanied by a mentor for one year and take part in specific workshops. The workshops will be held in German, the mentoring can be conducted in English.

For more information and registration: please click here
Contact: Ann-Kristin Kolwes, a.kolwes@verw.uni-koeln.de

• Application for the doctoral scholarship of the Benedict and Helene Schmittmann-Wahlen Foundation started
Graduates of the University of Cologne can apply for the two-year scholarship until August 23rd, 2020.

For more information and registration: please click here
Contact: Ann-Kristin Kolwes, a.kolwes@verw.uni-koeln.de

• International Female Scholars (IFS) Mentoring at the University of Cologne presented on the portal “Research in Germany”, an Initiative of the Federal Ministry of Education and Research
In a short interview in the brochure „Research careers in Germany – A guide for international postdocs and experienced researchers“ 2020 (p. 24), Dr. Phuong Glaser shares her experience as an international female researcher and gives advice as coordinator of the career support program IFS Mentoring at the UoC. This brochure outlines the career opportunities Germany offers international postdocs and experienced researchers. It provides information on the different ways to become a leading scientist.

For more information: please click here (Link of publication)
Contact: Dr. Phuong Glaser, p.glaser@verw.uni-koeln.de

3. Other

• Safe-the-Date AMC Summer Reception
We kindly invite you to the AMC Summer Reception, taking place on September 14, 2020 online via Zoom. Please join us for an interactive program on the topic of „Well-Being in Academia“. The event will be held in cooperation with the Occupational Health Management of the University of Cologne.

An impression of the past Summer Reception can be found here

• Please register in Docfile!
The University of Cologne is gradually converting its doctoral processes to electronic administration in Docfile. Please do not forget to register when starting a doctoral procedure as well as for ongoing doctoral projects. If you have any questions regarding the registration process, the Docfile Support will gladly help you.

For further information: please click here
Contact: docfile@verw.uni-koeln.de
• Current Calls for Proposals from National, European and International Third-Party Funding Sources
The new edition of the D7 newsletter with the current calls for proposals for national and international research funding is now available. The newsletter contains all relevant calls published last month by major third-party funding organisations and foundations.

For further information: please click [here](#)
Contact: Patricia Hoff, d7.newsletter@verw.uni-koeln.de

• Digital Health Coach
With the digital health coach of the Techniker Krankenkasse (TK) you can implement your personal health goals (for example stress management, change of diet, quitting smoking) in an effective way. Due to the cooperation between the Occupational Health Management and the TK, you as a member of the University of Cologne can use the digital coaching free of charge by indicating the voucher code „UniKölnbleibtFit”.

Please notice that the coaching is only offered in German language.
For more information and registration: please click [here](#)

• Stay healthy in a changed (working) situation
Due to the spread of the COVID-19, the usual (working) life has changed rapidly. Therefore, maintaining personal health is more important than ever. On the Health Portal you will find a selection of pre-existing offers in order to sustain a healthy work-life-balance.

For more information: please click [here](#)